

Name

Phone Number

Email Address

How long have you been practicing yoga?

Why do you practice yoga?

How do you currently practice yoga 'off the mat'?

How do you apply the philosophy of yoga to your everyday life?

Are you willing to commit to an in-depth spiritual practice (sadhana) during the training?

What is your daily practice now?

Why do you want to enroll in the Muddy Lotus Yoga 200HR yoga teacher training program?

What do you hope to gain, experience, or let go of during this training?

Why do you feel this is the appropriate time in your life to undertake a yoga teacher training program?

Please describe any injuries or physical, mental or emotional conditions, or limitations that may impact your ability to fully partake in this yoga teacher training program.

Do you have any major commitments (school, jobs, etc) that would prevent you from fully participating in the yoga teacher training program? Would these commitments prevent you from fully participating in the yoga teacher training program"?

Please provide any further information you feel will be beneficial for us to know.

How did you hear about this program?